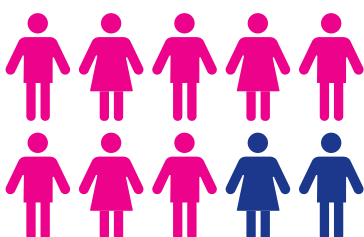
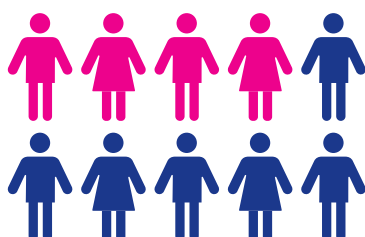


Power of Hands

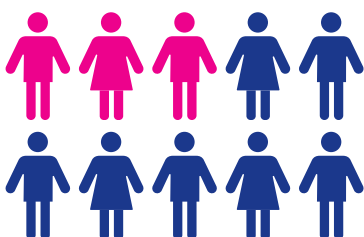
Knowing that others wash their hands properly can make people feel better



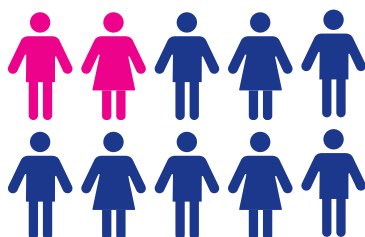
Eight in ten say it would have a positive impact on their state of mind



Four in ten say it would make them more comfortable



Three in ten say it would make them more satisfied



Two in ten say it would make them happier

When to wash your hands

- After blowing your nose, coughing or sneezing
- Before and after preparing food and eating
- After using the toilet or coming in contact with it.
- After touching a pet and handling its food
- Before and after caring for a sick person and treating a wound
- After touching garbage

How to wash your hands

1. Wash your hands with luke-warm water and soap
2. Scrub all sides, fingertips, fingernails and between your fingers- don't forget your thumbs
3. Continue for about 20-30 seconds
4. Rinse well
5. Dry well with a paper towel



8 in 10

Say they wash their hands to protect themselves



1 in 10

Say they wash hands to protect others



1 in 4

Would wash their hands more often if they knew it had a positive impact on others



The power of Hands

